

Covid-19 It's in the Bag



Covid-19 is a worldwide pandemic that continues to impact the lives of all people, including the senior population of SD&G. Tri-County Literacy Council (TCLC) is concerned for the seniors in the community it serves.

Funding from the New Horizons for Seniors Program enabled TCLC to form a reference group of senior volunteers. With a project coordinator, this one-stop resource, called "Covid-19 It's in the Bag" was produced. This free resource contains documents and activities intended to aid in keeping seniors safe during this pandemic.

These resources are a series of easy-to-read documents using plain language and pictures, including vaccination information, general cleaning and sanitization instructions, Covid-19 preventative measures, strategies for coping with stress, hand washing instructions, and proper use and care of face masks. These resources also include literacy-related activities designed to distract seniors from the fear of the virus while entertaining and educating them, simultaneously.

Click the underlined links below to print the resources:

Games and Story Book:

- [Crossword Puzzle](#)
- [Maze](#)
- [Sudoku](#)
- [Word Search](#)
- [Coronavirus Story Book](#)

Posters:

- [Cleaning and Disinfecting your Home](#)
- [Coping with Stress during Covid-19](#)
- [Covid-19 Vaccination](#)
- [Don't forget your keys, wallet, phone, and mask](#)
- [But, how do I use a mask?](#)
- [Protect Myself Against Covid-19](#)
- [Wash your hands](#)
- [Washing and Storing your Mask](#)
- [Who should I call?](#)